



## COURSE DESCRIPTION

<p>Instructor's Guide</p> <p><b>COURSE DESCRIPTION</b></p>	<p>Course Code: CJSC02320</p> <hr/> <p>Duration: 2 Working Days</p> <hr/> <p>Issued: 2020</p>
<p>Course Title : LEADING YOURSELF</p>	
<p>Course Purpose:</p> <p>Provides participants insight of key factors that influence on personal success high job performance and work-life satisfaction through:</p> <ul style="list-style-type: none"> <li>• Promotion of <b>self-discovery</b> through exercises, peer coaching and self reflection</li> <li>• Sharpening your understanding of your subconscious <b>motives, preferences and values</b></li> <li>• <b>Improving your leadership</b> by showing how your behaviour is connected to your personality</li> <li>• Guiding you to <b>make informed choices</b> of who you will be - managed growth</li> <li>• Managing the dynamics of <b>work-life balance</b> and establish you own life goals</li> </ul>	
<p>Target Population:</p> <p>The target population will be existing airport and airline supervisors and managers working with airlines or airports primarily responsible for provision of aviation related services to passengers and others.</p>	
<p>Topics that will be covered:</p> <ul style="list-style-type: none"> <li>- Human Motivation</li> <li>- Preferences</li> <li>- Values</li> <li>- Change</li> <li>- Life Script</li> <li>- Balance &amp; Growth</li> <li>- Stress</li> <li>- Learning Set Guidelines for next day</li> </ul> <p>2 Learning Sets (45-min each) – participant's big issue, that will be handle in facilitated peer to peer coaching session. We will break up into two groups of 6.</p> <ul style="list-style-type: none"> <li>- Review My Life Plan and My Roadmap</li> <li>- Participants' feedback and wrap up</li> <li>- Closing &amp; End of the workshop</li> </ul>	

